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Premises visited: Hawthorne Court St Mary's Lane Beverley East Yorkshire HU17 7AS	Date of Visit: 11/02/2015	HW Reference: HWERY 20150211
	Duration of visit: 100 minutes	
	HWERY Representatives: Val Longden Kate Ollett	Staff met during visit: Gill Lowe

INTRODUCTION

Hawthorne Court is a purpose built red brick two storied building used for mental rehabilitation.

The unit is part of Humber NHS Foundation Trust and is a high dependency unit with patients detained under Section 3 of the Mental Health Act. The unit takes both male and female patients from 18 to 65 years.

POLICIES, PROCEDURES AND CARE PLAN

As this is a rehabilitation unit, all patients have a recovery plan which has been agreed with relatives and themselves. Unfortunately, many of these patients do not have relatives involved. The goal is to allow all patients to live independently in the outside world. This obviously takes longer for some than others, and sometimes a patient will never be able to live independently. One individual has been in the unit for five years as there is nowhere appropriate for him to move in the East Riding.

ENVIRONMENT

Hawthorne Court is a purpose built red brick two storied building with a dedicated car park at the front and a walled garden at the back with a smoking shelter and a greenhouse at the back.

All patients have their own room with a wash hand basin but there are no en-suites. There are separate showers and toilets.

There is a communal lounge and dining room, large activities room, games room with table tennis and pool, a large general reception area with big, clear and informative notices, a surgery, a faith room, male and female lounges, staff and visitors room, kitchens and admin space. Up either staircase are the male and female wings with the bedrooms separated by a self-contained flat.

All doors are kept locked except those of the lounges and the one to the garden for the smokers. Un-supervised access to the locked areas is based on individual assessment. Patients do their own personal laundry and can prepare their own food should they want to all under supervision.

This unit does appear a bit austere as all decoration is fixed. However, in view of the needs, challenges and legislation associated with mental health patients, it was as comfortable as functionality would allow. All areas were spotless, except for the smoking

shelter but we were informed it was cleaned properly weekly. There are pictures and photographs on the walls all produced by the patients and there is an allotment for those who like to grow their own vegetables. The gardens close to the unit are also looked after by the patients if interested.

PRIVACY, DIGNITY AND RESPECT

All the patents that we saw were treated with courtesy and respect. Where possible patients were allowed to bath and shower by themselves but all were supervised regularly for capability. All bedrooms had a window in the door. We were advised that a GP from Hull provides care for the patients in the unit as no local GPs visit the unit.

RELATIVES

There are designated visiting hours and we were not visiting at that time so we were unable to speak with any relatives.

STAFF

The staff were all smiling and all wore visible badges. They were responsive to noises and signs and requests from patients.

RECOMMENDATIONS

1. Recommend that a local GP or practice be responsible for the health of residents in the unit
2. Have procedures in place to ensure patients register with a GP when sectioning is rescinded.
3. Ensure appropriate facilities are available locally and in a timely manner when a patient has completed their rehabilitation.

Signed on behalf of HWERY Board		Date: 7 April 2015
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