

#### **Welcome to our April Newsletter!**

The Healthwatch East Riding of Yorkshire team have been busy this quarter planning lots of exciting projects for you to get involved in. Take a look at what we've got going on



#### **Share The Information Project**

We want to know what YOU think of sexual health education.

Students from colleges and sixth forms across the East Riding have chosen this topic for our Young Healthwatch Project.

#### We would like to hear from:

- Students of any East Riding secondary school, sixth form or college
- Their parents or carers
- > Teachers in East Riding secondary schools, colleges and sixth forms



### To take part

Please contact Sym at stomlinson@healthwatch eastridingofyorkshire.co.uk

#### **Pharmaceutical Needs Assessment**

- + Do you use a pharmacy and want your say on why pharmaceutical services are needed in the East Riding? This short survey is perfect for you!
- The Pharmaceutical Needs Assessment aims to ensure access to pharmaceutical services and improvements of public health outcomes.
- By providing a response to this short survey, you can help shape the future of pharmacies in your community!



Have your say

www.healthwatcheastridingofyorkshire.co.uk/pna-2025/

Survey closing at the end of April 2025.



#### **Healthwatch Hubs**

You can find the team out and about at our regular hub locations:

- **Bishop Burton College**
- Hornsea Sixth Form
- **Market Weighton School**
- Love Driffield Community Hub
- The Hinge Centre, Bridlington

Want to make your centre a Healthwatch Hub? We would love to hear from you!

# You can find our projects and reports on our website:

### **SCAN ME**



#### What next?

As we begin a new financial year, we will be looking back at all of the work we have done in the 24-25 period and the impact that we have made.

In April we will be continuing our community engagements to gather public feedback and provide information and signposting.

If you're not already, follow us on social media to keep updated with our work.









#### **Hygiene Support Bags**

We are pleased to be working with East Riding Hygiene Support to support communities with access to free hygiene products.



The bags, which contain deodorants, toothbrushes, toothpastes, soaps, shower gels and various fidget toys, are being shared at community events for anyone to take home.

Thank you East Riding Hygiene Support - we look forward to sharing more of these to help tackle hygiene poverty in the East Riding.







#### The Parkinson's Project

The Parkinson's Community is not often heard from and we want to change that. Healthwatch East Riding of Yorkshire have teamed up with Parkinson's UK to make sure your voice is heard.

Whether you are diagnosed with Parkinson's, care for or support someone who is, or are a health professional with Parkinson's patients, we want to hear from you.



We will be out in the community at Leisure Centres and Parkinson's UK support groups to hear from you.

We can post paper surveys to you, or you can share your experiences by email or phone.

Head to our website to find out more and share your experiences today

www.healthwatcheastridingofyorkshire.co.uk/parkinsons/

### Volunteer Spotlight



This quarter we want to thank our Young Healthwatch volunteer Ethan who has done a cracking job in the office supporting with administration. Ethan has helped document survey responses for a project looking at school readiness in Driffield which will soon be ready to share.

We would also like to thank Poppy and Novairah for their hard work supporting various projects at Healthwatch East Riding.

THANK YOU!

## Volunteer with Healthwatch **East Riding of Yorkshire**

By volunteering with us you are making sure the voice of your community is being heard. Join us at community events to engage with the public, or support us at an Enter and View to see how care providers operate.

If you are 16 years+ we would love to hear from you. Contact us today or follow the QR code below to find out more.





## Join Our Independent **Advisory Group**

The Independent Advisory Group is a team of volunteers who steer and support the work of Healthwatch East Riding. They champion our work and provide additional feedback and perspectives on our workplan.

You could be a part of our IAG, providing your specialist knowledge about your community or local concerns.

Get in touch today to find out more and apply

## **Contact Us**



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enquiries@healthwatch eastridingofyorkshire.co.



healthwatcheastridingof yorkshire.co.uk



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