

The healthwatch East Riding of Yorkshire December Newsletter

A Reflection on 2024

A heartfelt thank you to all East Riding residents who have taken the time to share experiences or had a cup of tea and natter with us this year. Every piece of information you share with us helps improve the services that serve us. We wish you all a happy holiday season and look forward to seeing you in 2025!

James, Delivery Manager

Thank You

Youth Hubs

Youth Hubs are now running in Bishop Burton College, Hornsea Sixth Form, Longcroft Sixth Form and Market Weighton School. Our first hub report was released recently and will continue on a half termly basis.

Thank you to the staff and students who have welcomed the Healthwatch team and shared their experiences of services. Additional thanks to our volunteer Lisa who has supported the running of the hub sessions. We look forward to continuing these and expanding to more sites in 2025.

If you know of a school or college who would welcome a hub, please contact Sym at stomlinson@healthwatcheastridingofyorkshire.co.uk



Community Transport

There are so many different ways that people choose to get to their GP and hospital appointments.

We want to hear how you travel to your appointments and any difficulties you experiences in doing this.

Complete these 9 questions to let us know about how you attend your healthcare appointments and if you've ever missed an appointment due to transport issues.



The closing date for this survey is 31/12/24

Read the first issue of our Hub Reports here

Keep an eye out for Issue 2 going live shortly!



Our Enter & View Work

We regularly undertake planned visits to care homes across the East Riding. We provide an **independent perspective** as to what is working well and how care can be improved for the residents.

We listen to residents and their families and make recommendations based on their feedback and observations on the day.

Recent Enter & Views include:

- Elizabeth Homes (Howden)
- Cassandra House (Cottingham)
- St Mary's Care Centre (Anlaby)

You can read the reports on our [website](#).

Young Carers

Our team are currently supporting the East Riding of Yorkshire Young Carers team. We are assisting in reviewing their current offer for young carers.

We are working with partnering organisations to help make supporting young carers a shared responsibility.



You can find out more about the service by visiting the Local Authority website and search 'Young Carer'. www.eastriding.gov.uk

Keeping Well This Winter

Winter is on the way and so is the winter illness season.

Flu and COVID-19 spread more easily in winter and can cause serious harm if you're pregnant, live with a long-term condition or are elderly.



You can check your eligibility and find a local vaccination centre at letsgetvaccinated.co.uk

Vaccines can help to keep you protected so if you catch one of these viruses, you'll have milder symptoms, recover more quickly and be less likely to end up in hospital.



Volunteer Christmas Meeting 2024

On the 26th of November we hosted our annual Christmas meeting with **Healthwatch Hull** to celebrate our volunteers and all of the amazing work they have done this year.

We presented our highlights of the year and then opened the discussion for volunteers to tell us which areas they would like to be involved in and see us focus on next year.



We would like to say a huge thank you to all of our volunteers for their hard work this year - we couldn't do it without you!

If you're interested in volunteering with Healthwatch East Riding, check out our website and get in touch with us today using the details below.

Market Weighton Health & Wellbeing Event

In October we hosted a stall to listen to Market Weighton residents about their experiences and concerns.

We had a lovely day and lots of valuable insight was gained and reported.

Thank you to Market Weighton PPG and Humber Teaching NHS Foundation Trust for this event.



Partner with us!

We want to partner with organisations who provide support for East Yorkshire residents.

By joining our Community Partnership, you can help to put the public's view first and have a say in how health and social care services are delivered.



Read our latest Quarterly Report (July - September 24)

SCAN ME



Contact Us



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