

The **healthwatch**  
East Riding of Yorkshire  
**Summer Newsletter**

July 2025 Issue



## Welcome to our July Newsletter!

For those who may not have heard of Healthwatch before, here's a brief introduction to us and what we do...

### Who are we?

We are the local Healthwatch for East Riding residents. We are your independent voice.

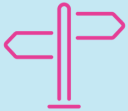
### What do we do?

We work with the NHS and local authority to help improve care for all.

### How do we do it?

By gathering feedback and listening to experiences of East Riding residents.

- Research projects
- Signposting & information
- Community engagements
- Collaborate with service providers
- Enter & view publicly funded services



## Goole Hospital Drop-In

In June, the team gathered feedback from 100 people across two drop-in events concerning Goole and District Hospital. Thank you to everyone who shared feedback with us – we will be sharing your views in a report to be published soon.



*"Can't understand what is going on – we need more health care staff not less. I had treatment at Goole; it was great service"*

## Our 2024–2025 Annual Report is here!

Looking back on the last year we're proud to say we've supported more than **18,546** people to have their say and get information about their care.

Inside this report are details of:

- ★ The Bridlington GP Access Insights
- ★ Please, SEND Help Project
- ★ Endometriosis and Adenomyosis Project

plus lots more!

Tell us what you think we should focus on this year



## Share your views with us

Have you had an experience with a health or social care service you would like us to know about? We're here to listen.

Contact us today to share your feedback:  
[www.healthwatcheastridingofyorkshire.co.uk/contact-us/](http://www.healthwatcheastridingofyorkshire.co.uk/contact-us/)



## Find out how your voice makes a difference:



## Community Transport Insights

Earlier in the year we investigated how people from rural and coastal communities travel to healthcare appointments.

**"Often don't fit the criteria for MediBus. It's a nightmare to get to York"**

During this project, 64 people shared with us their experiences of missing medical appointments due to transport issues. This information was coupled with local NHS data to help create an overall picture.



## Young Healthwatch Hubs

Thanks to Hornsea Sixth Form, Longcroft Sixth Form and Bishop Burton College students and staff for being welcoming and engaging this year. We look forward to seeing them again from September and adding East Riding College to our growing hub sites.



*young*  
**healthwatch**  
East Riding of Yorkshire

## School Readiness in Driffield

At the Driffield Integrated Neighborhood Team (INT) meeting earlier in the year, school readiness was highlighted as an area of concern.

The Youth Engagement Project Officer investigated this with 7 engagements at Driffield Schools talking to 357 adults and children which resulted in 142 survey responses.

The findings of this investigation were shared with the Driffield INT so that they can feed into any future plans and strategies aimed at finding a resolution.



## Keeping Cool This Summer

### Top Tips

- Drink more cold drinks
- Avoid the sun between 11am - 3pm
- Wear light coloured, loose clothing
- Avoid excess alcohol



### Watch out for the signs of heat exhaustion:

- cramps in the arms, legs and stomach
- fast breathing or heartbeat
- a high temperature
- being very thirsty
- weakness
- feeling or being sick
- excessive sweating
- tiredness
- dizziness
- headache

#### Call NHS 111

if you or someone else have symptoms of heat exhaustion that you're struggling to treat.

#### Call 999

If heat exhaustion turns into heatstroke.

## Could you be the next Healthwatch Hub?

We are always on the look out for community spaces, schools, sixth forms and colleges that we can host our Healthwatch Hubs in.

Also, if any youth groups would like a visit for young people to have a group discussion around health and social care, their experiences, thoughts, and ideas, feel free to get in touch.

[stomlinson@healthwatcheastridingofyorkshire.co.uk](mailto:stomlinson@healthwatcheastridingofyorkshire.co.uk)

## Did you know our team are supported by 19 volunteers!

**Volunteers support in many ways from administration, to sharing their knowledge in areas of health & social care, to attending events**



## Contact Us



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